

Cebu South
Rotary
Club



Habagat | August 2023 Issue

ROTARY CLUB OF CEBU SOUTH

**MEMBERSHIP AND NEW CLUB
DEVELOPMENT MONTH**



**MY BONITA HOME
FOR GIRLS MEDICAL
DENTAL MISSION**

**MENTAL HEALTH
AWARENESS WORKSHOP**

**GENERAL MEMBERSHIP
SEMINAR**

Rotary Club Cebu South &
Rotary Club of Gloria Maris



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Rotary



THE FOUR-WAY TEST

of the things we think, say or do

- 1 Is it the **TRUTH** ?
- 2 Is it **FAIR** to all concerned ?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIP** ?
- 4 Will it be **BENEFICIAL** to all concerned ?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST

The development of acquaintance as an opportunity to service;

SECOND

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Presidential Message

GORDON R. MCINALLY ROTARY INTERNATIONAL PRESIDENT 2023-24

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful

global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.



ROZANNE
“Twinkle”
C. GAMBOA

ROTARY INTERNATIONAL
DISTRICT 3860
DISTRICT GOVERNOR 2023-24

Rotary Year 2023-2024
Create Hope in the World



District Governor's Message

My dear Colleagues in Service,

August is the Rotary month of Membership, and New Club Development, an area of great importance since members are the lifeblood of our organization.

It is a reality that membership gains are lost during the following year. There are varied reasons. The most common is the change in the workplace and health. These cannot be controlled, but other causes can be resolved.

A good club, Membership Development Program, is the most effective way of retaining and increasing the club's membership. An effective Public Image program attracts new members, infusing your clubs with fresh ideas, energy, and enthusiasm. New members help your club broaden its service base. More brains to think and more hands to work. We must, therefore, dedicate a special and intensive focus on membership.

I urge you to work towards your goals. Goals that are reachable and understandable. I believe that setting a goal of a net increase of two members per year is reachable if we avoid membership loss at the end of each year. Retention is equally important.

To retain and increase membership, it is essential that we make our clubs vibrant with interesting and dynamic programs and meaningful projects. Let us take care of our members so they would feel that their membership in your club is relevant to their profession and vocation, giving value to their personal development, and most important, that members enjoy and have fun while serving others. Fellowship and friendship are two of the cornerstones on which Rotary was built.

A strong membership means a strong club. Every Rotarian has the responsibility to find the right person and the opportunity to share with them the gifts of what Rotary membership can give. There are challenges along the way, but there is HOPE!



EDWIN S. VILLAYER

ROTARY CLUB
CEBU SOUTH PRESIDENT
ROTARY YEAR 2023-2024



RCCS Presidential Message

A lot of Rotarians started their involvement with Rotary as a guest of a close friend whose invitation they can't refuse. Others came to a meeting out of curiosity and still others happened to be involved in a service projects in their locality.

As time passed and after several more interactions with the group, they become "rotarized" and formally joined a club. From being guests and friends, they became full members and driver-pillars of Rotary, occupying sensitive positions in the club and district levels.

As rotarians, we should not cease to invite our friends and acquaintances to our activities and meetings so we could spread our mission of helping the world eradicate of polio and other dreaded diseases as we strive hard to push initiatives under the seven areas of focus.

Rotary Club Cebu South, in coordination with the Rotary Club of Gloria Maris conducted a membership orientation with no less than the Immediate Past District Governor, Mdm Lilu Aliño, as the speaker last August 18, 2023. She elaborated the importance of continuously organizing and conducting service projects rather than just to be contented with the regular club meetings.

We have to remember that "Rotarians are people of Action"!

Rotary Club Cebu South and Rotary Club of Gloria Maris Joint General Membership Seminar

August 18, 2023

August is Membership and New Club Development Month. The perfect time to celebrate club's members and consider the many options available for strengthening membership.

The RCCS and RCGM initiated the Joint General Membership Seminar to welcome new members of the club with the basics of Rotary and a good refresher for long-time members who want to test their Rotary knowledge.

APPLE in Rotary

- ✓ Attendance
- ✓ Pay your dues
- ✓ Participate
- ✓ Learn
- ✓ Enjoy the Club



Cebu South Rotary Club Cebu Gloria Maris Rotary Club  CREATES HOPE IN THE WORLD

**ROTARY CLUB CEBU SOUTH
&
ROTARY CLUB OF GLORIA MARIS**

**JOINT
General Membership
Seminar**

SPEAKER: IMMEDIATE PAST DISTRICT GOVERNOR LILU ALIÑO

6 PM | AUGUST 18, 2023
Club Filipino Clubhouse, 16th Flr. FGU Bldg.,
Cebu Business Park, Cebu City, Cebu



My Bonita Home for Girls Medical Dental Mission

August 6, 2023

The RCCS makes wave in the Four Areas of Focus!

On August 6, 2023, the Rotary Club Cebu South made waves in the four areas of focus: Disease Prevention and Treatment; Maternal and Child Health; Basic Education and Literacy; and Economic and Community Development.

In cooperation with Zonta Club of Cebu 1, RC Cebu South provided a light of great hope to the 50 residents of My Bonita Home for Girls in Barangay San Jose, Cebu City.

The 50 beneficiaries, in their teens, who are victims of sex and child abuse, were provided with the medical and dental treatment. They were also taught a skill development on baking, courtesy of the bakers of Judel R. Ty of Park n Go Bakeshop. They were also given a heads up on the practical of sewing clothes courtesy of Jeff Comoso Boaquaña and Susan Boaquaña.

The medical-dental mission of the RC Cebu South on August 6, 2023, the first for My Bonita Home for Girls, was made possible with the unreserved and able assistance of the Dentist Group of Past Assistant Governor Dr. Felix Asoy, Dr. Ramon Sualit, Dr. Wilma Tuñacao, and the Dentistry Clinical Instructor and Students of Southwestern University (SWU).

The RCCS also donated to the My Bonita Home for Girls the feminine wash, sanitary napkins, toiletries, medicines, toothbrush, and toothpaste. Zonta Club of Cebu 1 provided the food and water.

The whole day event at My Bonita Home for Girls began with a Holy Mass at the chapel of Bonita. A short program, emceed by the amiable PAG Mac Gordon, ensued with the introduction of the benefactors from Zonta Club of Cebu 1, RC Cebu South officers and Rotarians and their families.

RCCS President Edwin Villaver, in his short message, gave inspiration and hope to the beneficiaries that in the future they would have a happy and fruitful life and expressed his heartfelt gratitude to his fellow Rotarians for their continued support as well as to the sponsors.

The officers of RC Cebu South express its grateful appreciation to the following: VNCO Construction; Dr. Felix Asoy; Dr. Ramon Sualit; Dr. Wilma Tuñacao; and the SWU Dentistry Clinical Instructor and Students, for making the RC Cebu South medica-dental mission a great success.





Medical and Optical Mission

August 12, 2023

Last August 12, 2023, the Rotary Club Cebu South headed by its Hope-Creating President Edwin S. Villaver and five members of the club went to the Municipality of Alegria, South of Cebu to participate in the Medical and Optical Mission, a project partnered with the Fraternal Order of Eagles Club Central Visayas XVI under the leadership of Governor and Rotarian, Atty. Rheneir P. Mora.

Municipality of Alegria Mayor Gilberto F. Magallon expresses his great appreciation for the genuine help and contribution in promoting the health and wellness of the people of Alegria, Cebu.



Mental Health Awareness Workshop

August 27, 2023

RCCS supports the District Wide Rotary of Days Service: Mental Health Awareness Campaign: “Break the Stigma” by sponsoring 2 school teachers to participate in the Mental Health Awareness Workshop at Golden Prince Hotel, Cebu City



Rotary
District 3860

CREATE HOPE
in the WORLD

MENTAL HEALTH AWARENESS WORKSHOP
Break the Stigma

August 27, 2023 | 8:30 AM
3rd Floor, Golden Prince Hotel, Cebu City

PARTICIPATED BY:

Guest Speaker
GABRIEL SEBASTIAN LIZADA

Club Regular Meeting for August 2023

August 4, 2023

Rotary Club Cebu South on its first regular meeting for the month of August 2023 at Club Filipino Clubhouse, 16th Flr. FGU Bldg, Cebu Business Park, Cebu City, Cebu on August 4, 2023.

In attendance were fifteen Rotarians including visiting Rotarian from Rotary Club Panay 18 QC, Chartered President Dennis Arca.



Committee Dinner Meeting

August 9, 2023

Dinner Meeting with the Committee for the upcoming project - Medical Dental Mission at Tuburan Home of Love, Tuburan, Cebu



Club Fellowship Meeting

August 11, 2023



Partner's Luncheon Meeting

August 17, 2023

Luncheon Meeting with partner Zonta Club Cebu 1 for the project - Medical Dental Mission at Tuburan Home of Love, Tuburan, Cebu



Club Regular Meeting

August 25, 2023

- Assessment of August Activities
- Planning for September Activities / Projects



President and Secretary Area or Cluster Coordination Meeting / ACOM

August 26, 2023



Secretary's Desk



DENNIS T. LERCANA
Secretary
RY 2023-2024

UPCOMING SEPTEMBER 2023 ACTIVITIES / PROJECTS

September 2, 2023

- Brigada Eskwela @ our Adopted Tulay Daycare Center, Tulay, Minglanilla, Cebu

September 4, 2023

- Toastmasters Organizational Meeting

September 10, 2023

- District-Wide Tri-leg awareness ride and polio vaccination: Bike and Vaccinate to end polio

September 17, 2023

- Medical Dental Mission for the local residents of Giloctog, Barili, Cebu
- District-Wide Mangrove Planting and Coastal Cleanup: Caring and Protecting Mother Earth

September 27, 2023

- District Governor Rozanne "Twinkle" Gamboa Official Visit

CLUB ATTENDANCE

REGULAR MEETINGS

August 4, 2023 - 15/38 = **39.47%**
 August 11, 2023 - 12/38 = **31.58%**
 August 18, 2023 - 25/38 = **65.79%**
 August 25, 2023 - 10/38 = **28.94%**

AVERAGE MONTHLY ATTENDANCE PERCENTAGE - 15.75/38 = 41.45%

Service Projects

My Bonita Homes Medical-Dental Mission - **20/38**
 Alegria Medical-Optical Mission - **6/38**

Treasurer's Report



ATTY. RHENEIR P. MORA
Treasurer
RY 2023-2024

Rotary International and District 3860 Levies and TRF Contributions

ITEM	AMOUNT	DUE DATE	REMARKS
RI Club Invoice based on the Semi-Annual Report	\$38.50 Invoice & SLOO COL \$38.50 Invoice (per Rotarian)	July 2023 January 2024	PAID ON-TIME
Contribution to The Rotary Foundation Annual Fund / Polio Fund and Endowment Fund	Goals to Rotary Club Central	July 2, 2023	PAID ON-TIME
Subscription to Philippine Rotary Magazine	Digital - P150.00 per semester or P300.00 per year per member Printed - P400.00 per semester or P800.00 per year per member	July 2023 January 2024	PAID ON-TIME
District Levy*	P500.00/member	July 2023	PAID ON-TIME
Disaster Levy*	P100.00/member	July 2023	PAID ON-TIME
Rotaract Levy*	P1,000.00/Rotaract Club	July 2023	PAID ON-TIME
Club Listing (DISCON 2024)	P4,000.00	April 1, 2024	PAID ON-TIME
RI CON (Manila)	P250.00 P250.00	July 2023 January 2024	PAID ON-TIME

OFFICERS AND DIRECTORS

RY 2023-2024



EDWIN S. VILLAVER
President



GLEN B. RIVAREZ
President-Elect



RICHARD D. CABALUNA
Immediate Past President



DENNIS T. LERCANA
Secretary



ATTY. RHENEIR P. MORA
Treasurer



RANDY N. VASQUEZ
Auditor



AARON FRANCISCO RECLA
Sergeant at Arms



ATTY. MANUEL C. GORDON
Membership Chair



JACK P. TORREJOS
The Rotary Foundation Chair



HELBERT P. ESPINOSA
Public Image Chair



GEOPETER T. MAYHEW
Club Administration Chair



ARCILE S. PADRIGAO
Community Service
Projects Chair



ATTY. EDWARD BAUZON
Vocational Chair



ATTY. ELIAS L. ESPINOZA
International Service Chair



JOSHUA MIGUEL REBANO
Youth Service Chair



GRIFFINS C. MALAZARTE
DEI Officer

ROSTER OF MEMBERS

RY 2023-2024



Pres. Edwin S. Villaver



PE Glen B. Rivarez



IPP Richard Cabaluna



RTN Dennis T. Lercana



RTN Rheneir P. Mora



PP Randy N. Vasquez



PP Aaron Francisco Recla



PAG Manuel C. Gordon



PP Jack P. Torrejos



PAG Helbert P. Espinosa



RTN Geopeter Mayhew



RTN Arcile S. Padrigao



PP Edward R. Bauzon



PP Elias L. Espinoza



RTN Joshua Miguel Rebano



Past DRR Griffins Malazarte



RTN Ronnie Aguilar



PP Carlos Valente L. Apuhin



PAG Felix R. Asoy



PP Reynaldo M. Baclig



RTN Levin Dela Calzada



RTN George Canlom



RTN Benjamin T. Fazon Jr.



RTN Fritz A. Kubo

ROSTER OF MEMBERS

RY 2023-2024



RTN Janelito Marquez



RTN Darwin L. Pitogo



PP Tomas A. Rivalal



RTN Felix E. Ruiz II



PP Danilo G. Singco



RTN Marlon R. Ubaldo



RTN Josephine S. Villapaz



RTN Jerbey Shan Luangco



RTN Pamela Rulona



RTN Jacinto Pechan



RTN Romy Paredes



RTN Orvilla Bacalso



RTN Margarito Callao



RTN Hezekiah Anthony Bon
Magdalera



RTN Vincent Nelson Olaiivar



RTN Florentino Impas



RTN Fritz Canono



RTN Democrito Diamante



*Happy
Birthday*

September Celebrant



ATTY. ELIAS L. ESPINOZA



PAMELA RULONA